

# Facial Aftercare

## BEFORE APPOINTMENT

- Do not sunbathe or tan in tanning beds 48-72 hours prior to the facial.
- Avoid using any type of exfoliant on your face, neck, and décolleté a week before facial treatment.
- Let us know of any current oral or topical medication you are taking.

## AFTER APPOINTMENT

- Do not wash your face the night of your treatment.
- Avoid using makeup for at least 24 hours if possible.
- Avoid exfoliation for a week after your facial.
- Redness is normal and will subside in a few days depending on the treatment.
- Drink at least 64oz of water daily.
- Avoid sun exposure and wear sunscreen.
- Use a moisturizer under your sunscreen.
- Do not touch your face after treatment.
- DO NOT sunbathe or use tanning beds after any type of facial.