

Waxing Aftercare

BEFORE APPOINTMENT

- For best results grow hair out for at least two weeks. Hair should be grown at least 1/4 of an inch.
- Exfoliate the night before your wax.
- Wear loose-fitting clothing to your wax appointment.
- Ibuprofen can be taken 45 minutes prior to your wax service to help with the discomfort.

AFTER APPOINTMENT

- Avoid going into pools, jacuzzis, and saunas for 24 hours.
- Avoid strenuous workouts.
- Avoid touching and unnecessary heat in the waxed area for 24 hours.
- Exfoliate at least 3 times a week with a salt or sugar scrub.
- Use PFB Ingrown Serum or Just the Strip roll-on daily to prevent ingrown hairs, bumps, and pigmentation from previous years of shaving.

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