

Skin Brightening Aftercare

AFTER APPOINTMENT

- avoid sweating, wiping, or getting the treated area wet for a minimum of 2 hours after any bright products have been applied.
- avoid the sun and always wear a minimum of SPF 30+ to areas that are exposed to UV rays to prevent hyperpigmentation from returning.
- ongoing continued use of BryghtenUP will suppress and prevent future dark spots and other skin discolorations, to reveal more radiant-looking skin.
- for best results, use BryghtenUP 2x daily on the area of concern, once in the morning after working out and/or showering and once in the evening before going to bed for better absorption.