

# Spray Tan Aftercare

## BEFORE APPOINTMENT

- Exfoliate your skin and shave the night prior. Do not use products that have oil and avoid using bars of soap.
- Do not wear makeup, deodorant, perfumes, or moisturizers before spray tan.
- Wear loose-fitting clothing after your spray tan.
- Bring a dark bathing suit, bikini, or small thong underwear if you would like to leave desired shaped tan lines.

## AFTER APPOINTMENT

- Single sessions tans develop for at least 8 hours or overnight before rinsing in shower. Rapid Tan sessions develop for 4 hours before rinsing in shower. Avoid socks and shoes, loose sandals are okay.
- While tan is developing do not swim, exercise, get your skin wet, cry, or sweat excessively.
- Don't shave until 12 hours after treatment. Don't sit/lay on light-colored fabrics until you have showered.
- Avoid the use of perfumes, lotions, deodorants, and exfoliants while tans is developing.
- Drink 64oz of water daily to keep your skin hydrated, this helps your tan last longer.